

What is community orientation?

Community orientation is a free of charge course, for newly arrived immigrants, to get basic knowledge of the Swedish society. The course gives you knowledge about your foundational rights and obligations, Swedish democracy and the social structure. The purpose of the course is to make it easier for newly arrived to settle down.

The course contains reflective discussions and is offered in one's native language or in a language that is well spoken. After finishing the course, you will receive a diploma.

Who can participate?

Community orientation is offered to immigrants newly arrived in the age of 18 to 64 years, holding an introduction plan within Arbetsförmedlingen (Swedish public employment service), or to those who are relative immigrants.

Citizens of a country within EU/EES, nationals of Switzerland, labor migrants or international students are not entitled to participate in community orientation.

What is the course about?

The course contains subjects such as human rights, foundational democratic values, individual rights and obligations, social structure and everyday life.

Community orientation follows eight different topics listed below:

- Coming to Sweden
- Living in Sweden
- Providing and evolving in Sweden
- Individual rights and obligations
- Starting a family and raising children in Sweden
- To influence in Sweden
- Caring for one's health in Sweden
- Growing old in Sweden

To sign up for community orientation

If you are a relative immigrant, use the form below the headline "Anmäl dig här" (sign up here). For those who holds an introduction plan within Arbetsförmedlingen, an officer will help you to sign up.